

Measure ID ASNC 25

Measure Title SPECT-MPI study adequate exercise testing performed

Measure Description Percentage of Single Photon Emission Computed Tomography (SPECT) Myocardial

Perfusion Imaging (MPI) studies performed where the stress heart rate >= 85% of

maximum heart rate and three or more minutes of exercise.

Numerator Number of denominator eligible studies performed where the stress heart rate >= 85% of

maximum heart rate and three or more minutes of exercise.

**Denominator** Number of SPECT-MPI studies performed.

**Denominator Exclusions** None

**Denominator Exceptions** None

**High Priority** 

**Outcome** 

Inverse Measure N

Rationale Submaximal heart rate during exercise stress lowers the diagnostic sensitivity for the

detection of CAD. Achieving >85% age predicted maximal heart rate is an important indicator of laboratory best practice to achieve impactful clinical outcomes. Conversion of exercise to vasodilator stress in those patients unable to achieve >85% age predicted

maximal heart rate is an important marker of clinical quality performance.